

# Person-Centered Planning Process

Florida's Positive Behavior  
Support Project  
University of South Florida

# What is Person-Centered Planning

- Person-Centered Planning is a way for diverse people, who share a common need to align....
  - Their vision, purposes, and goals
  - Their understanding of the focus person's past, present and future life
  - Their actions for change, mutual support, personal and team development, and learning

# A Person-Centered Planning Team

- Makes a commitment and takes action to ensure that changes will be accomplished for the focus person.
- Coordinates supports around the life of the individual rather than around the needs of the system and existing services.
- Recognizes that abilities of ordinary citizens, children, co-workers, and neighbors can teach people skills, help them participate, model appropriate behaviors, and foster interdependent relationships.

# What Person-Centered Planning is NOT...

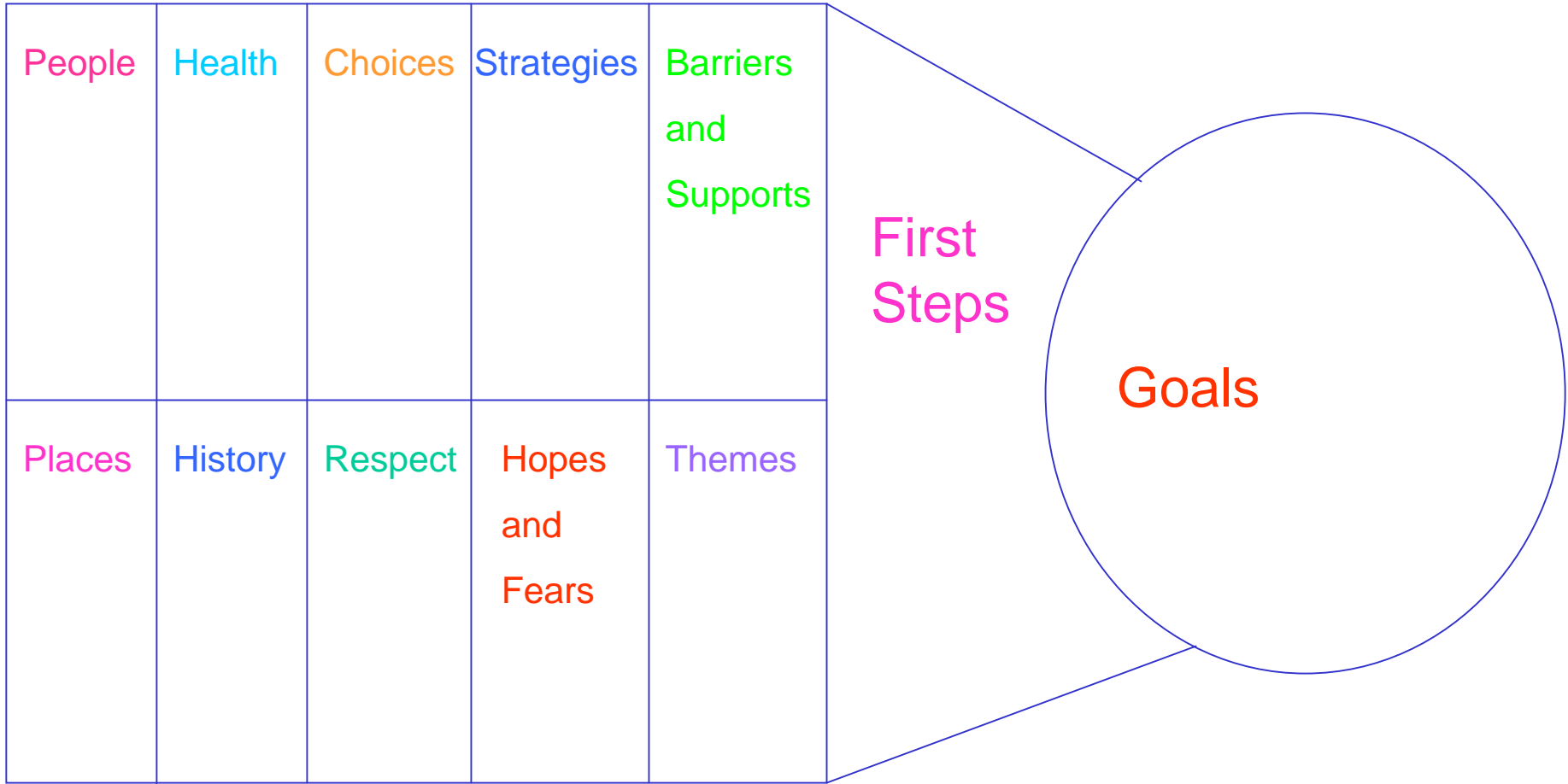
- An easy, one-shot process
- The answer to all problems
- A replacement for an IEP
- A quick fix solution to complex human and/or organizational problems
- Something to be done and forgotten
- A guarantee

# How this process works?

- Each team member (family, teachers, administrators, etc) should receive a copy of this packet prior to the first day of training. Please fill out only the frames that represent and hold value for your focus individual.
- Fill out these frames individually and to the best of your ability based on your relationship with the focus individual.
- As a team during the first day of training we will work through a person-centered planning process that will allow you to share your important information with your team and to discuss each frame more fully.
- This process will allow your team to collaborate in the development of a person-centered plan based on the goals and vision that are important to the focus person and his or her team.

# Person-Centered Plan: Sample Organizational Chart

Dream



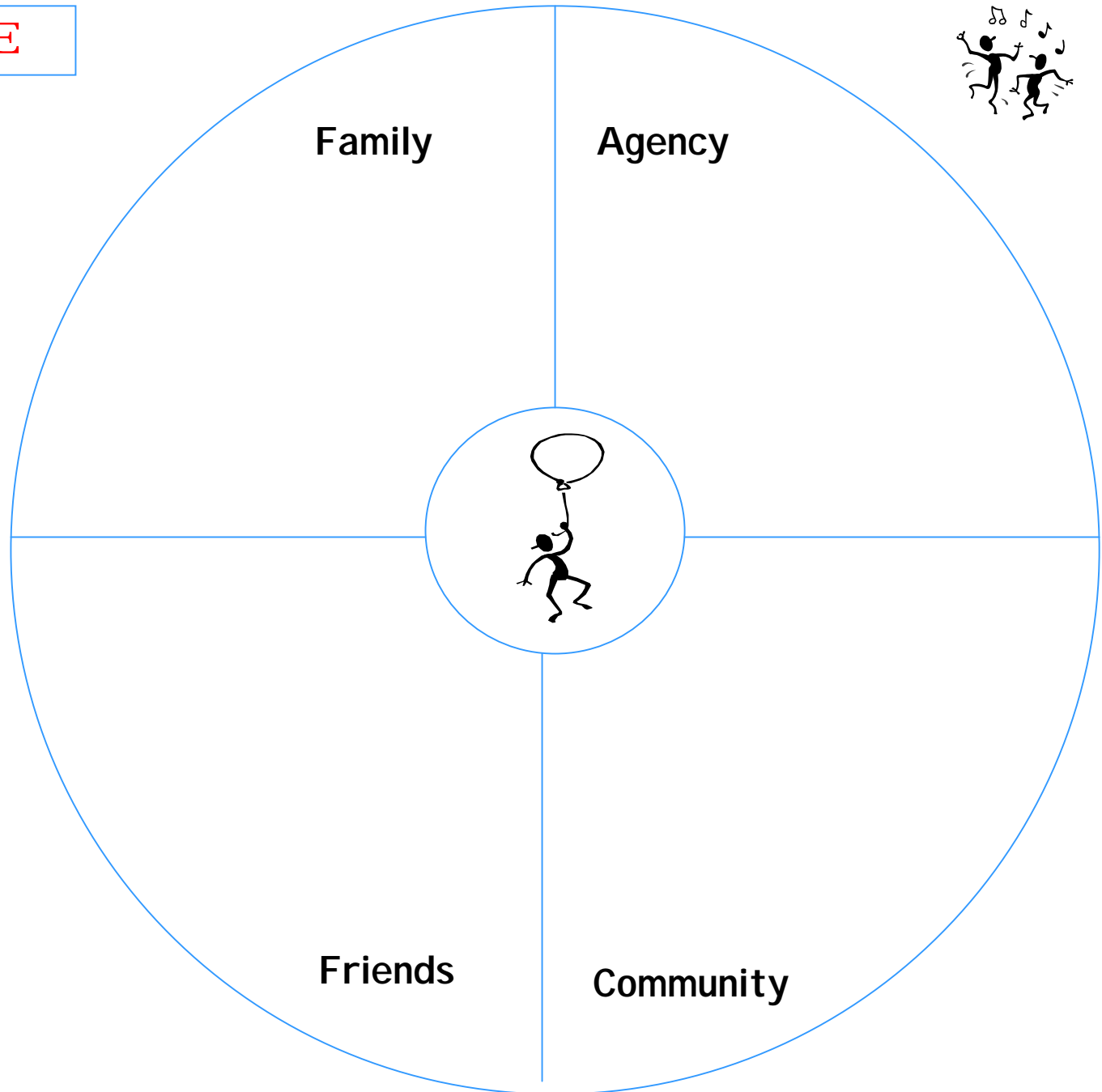


# THE DREAM

- With this frame we want to help the person identify their dream for the future, including all the ideas, values, people and things that are important to them.
- List anything that is important for the person to realize the kind of life they desire.

# PEOPLE

- List the people who are present in the person's life.
- Place their name in the appropriate section of the circle.
- Place the name of individuals who are closest to the person in or near the inner circle.



# PLACES

- Indicate activities in which the individual participates in the **school**.

- Indicate activities in which the individual participates in the **home**.

- Indicate places in the **community** that the individual participates on a consistent basis.

- List only 4-5 primary activities in each setting.



School

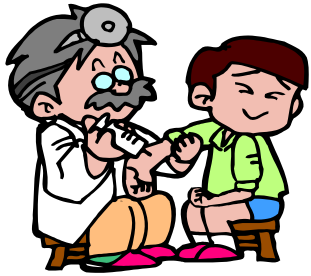


Home





Community



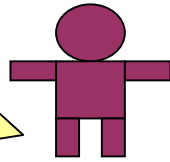


- Describe the individual's health by listing any positive or negative conditions.
- Indicate any medications the individual is currently taking.

HEALTH

	
Medicines	

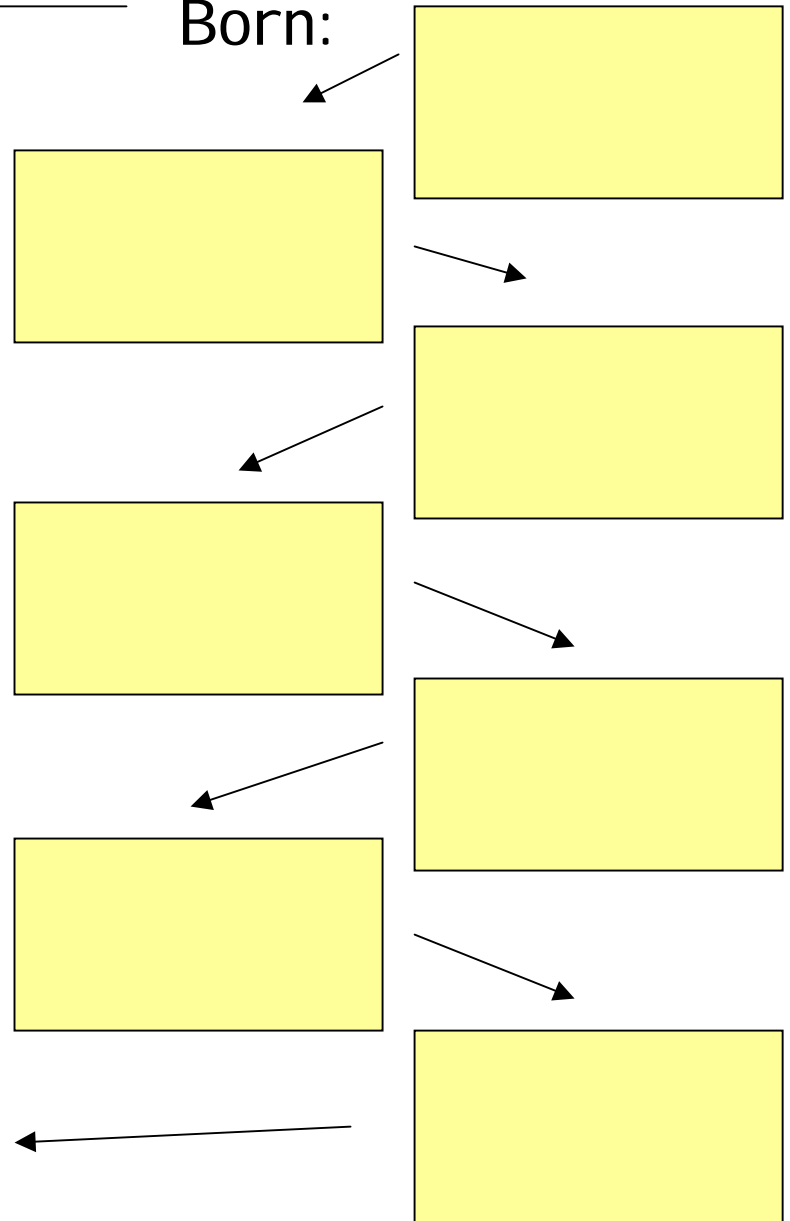
# HISTORY



Born:

- Indicate some of the critical events that occurred in the person's life from birth until today.
- Put a "\*" next to any positive events.
- Put a "-" next to any negative events.

Today



# Choices

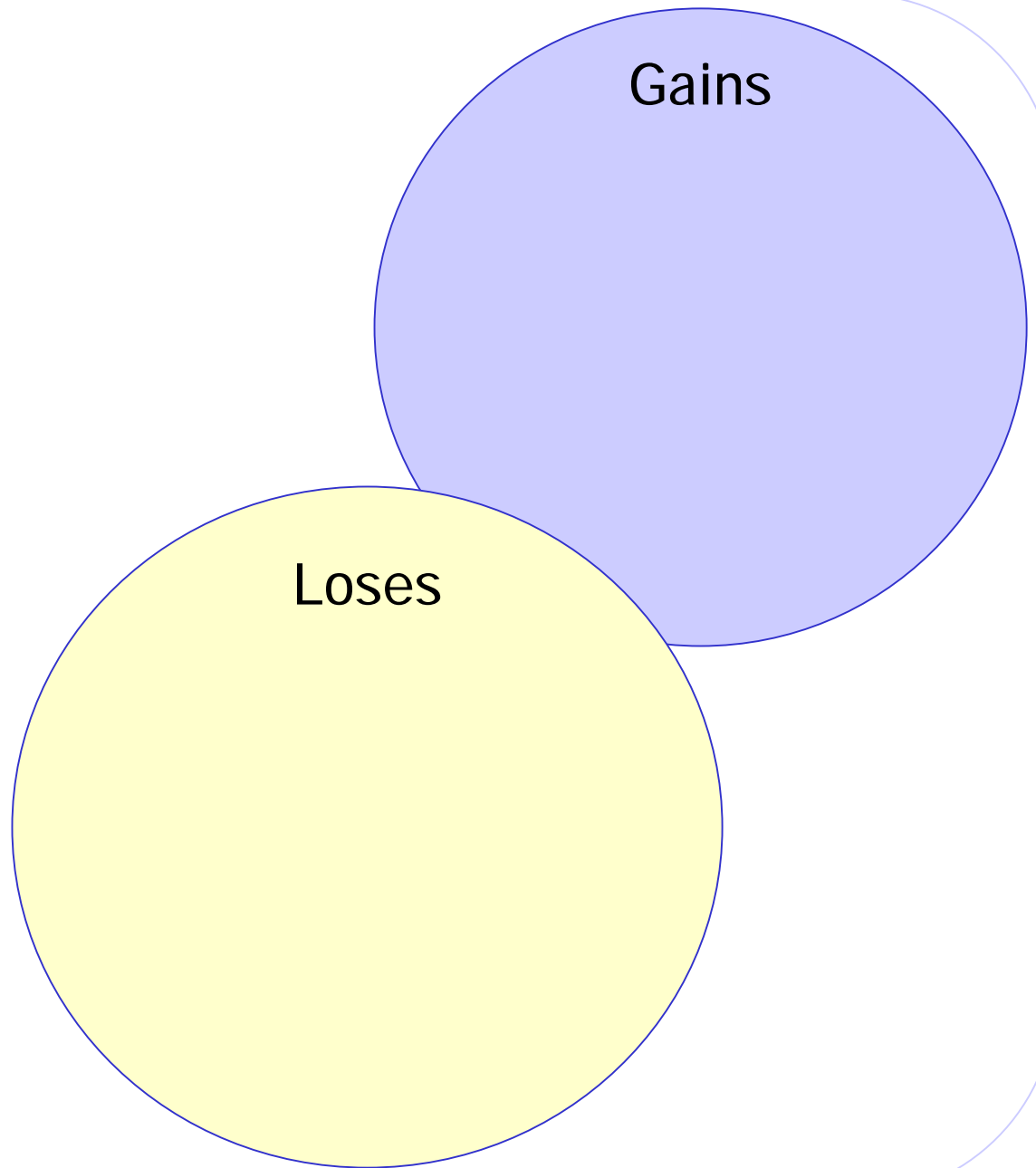
- What choices can the individual make within his personal and academic life?
- I identify what choices are presented to the individual within both areas.

**Personal**

**Academic**

# Respect!

- List any behaviors or characteristics of the person that cause him/her to gain or lose respect or his/her peers or adults.
- Under "Gains" list those things you really like about the person.
- Under "Loses" list those behaviors that you do not like to see.

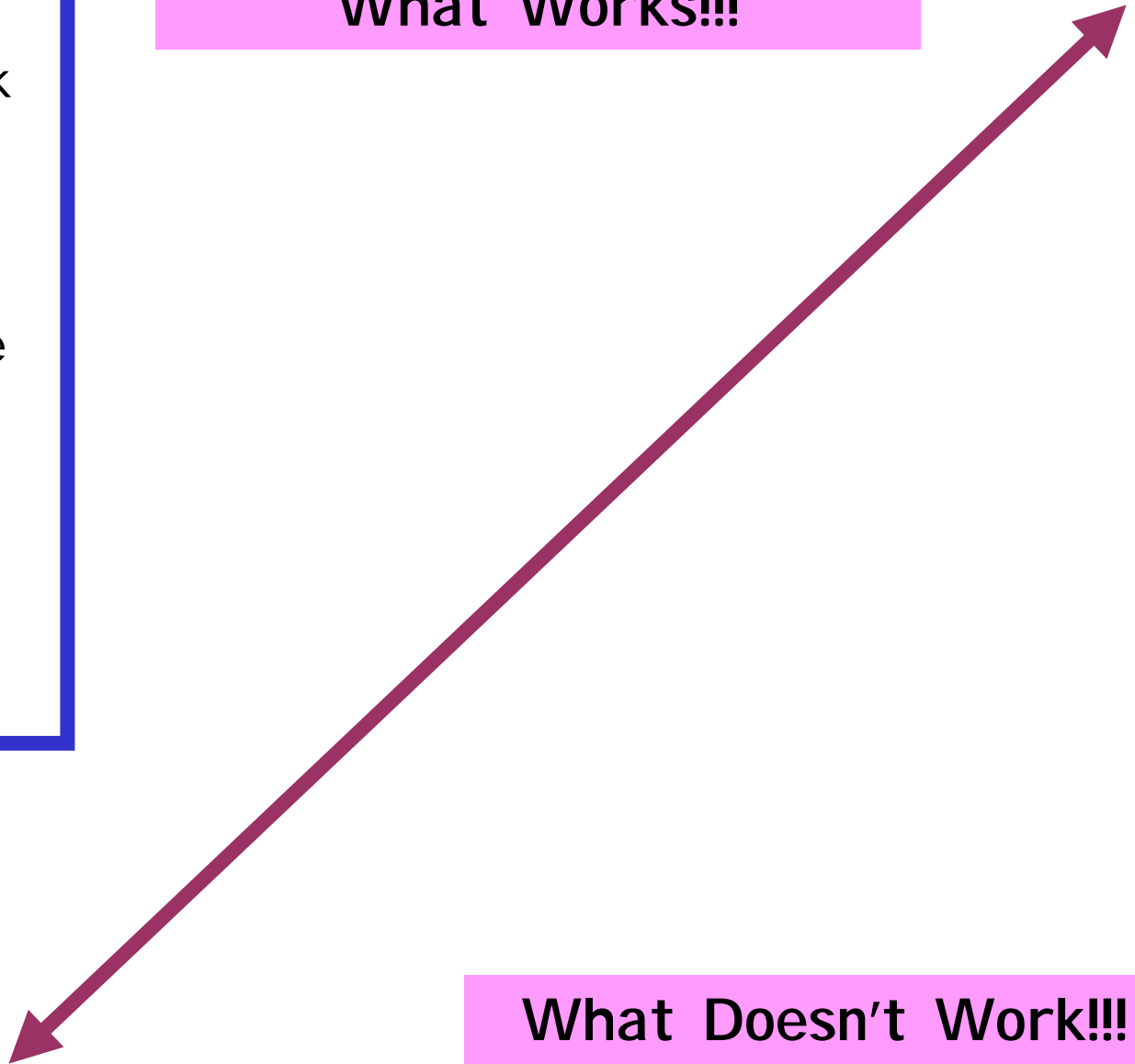


- What strategies work well for the individual?

- What strategies have not been as successful or cause the challenging behavior to increase?

**What Works!!!**

**What Doesn't Work!!!**



- I identify the hopes and fears you have for this individual.

- Under "Hopes" list what is possible if we do the best we can.

- Under "Fears" list what is possible if things do not improve or get worse.

## Hopes



## Fears



## Opportunities

- What are some barriers and opportunities for this individual and his/her team?

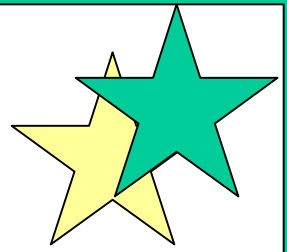
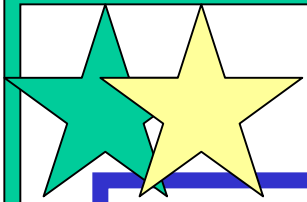
## Barriers

• I identify any patterns or themes you found throughout this process.

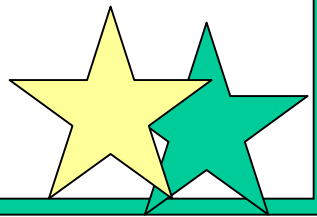
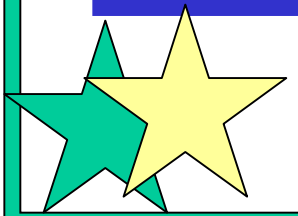
• List at least one main point from each of the other frames that you want to share with the team.



**Themes**



- List the goals that you would like to see achieved one year from today.
- Think about what might be possible if everyone tries their hardest.
- Consider any outcome as long as it is POSSIBLE and POSITIVE.



•What actions can be taken immediately?

•These steps can be small

# First Steps

