

Self Check for Designing Support Plans

Antecedent and Setting-Event Modifications

Does the plan include antecedent and setting-event modifications to prevent problem behavior from occurring?

Y N

Does the Plan include modifications to make desired behaviors more likely?

Y N

Teaching Alternative Skills

Did your team consider all three approaches to alternative-skills training (e.g., replacement skills, general skills, coping and tolerance skills)?

Y N

Do replacement skills serve the same function as the problem behavior?

Y N

Do general skills help the student prevent problem situations from occurring?

Y N

If the plan targets multiple alternative skills, are the ones that produce the most immediate effect for the student taught first?

Y N

Consequence Interventions

Does the plan include consequences for (a) strengthening alternative skills, (b) reducing the pay-off for problem behavior, and (c) crisis management if necessary?

Y N

Do consequences for alternative skills produce outcomes that are more effective or efficient than the problem behavior?

Y N

Are desired outcomes for the problem behavior reduced or eliminated?

Y N

Does the crisis management plan address three phases of a crisis: (a) escalation, (b) eruption, and (c) de-escalation?

Y N

Lifestyle Interventions

Does the plan include support that will improve the student's quality of life?

Y N

Does the plan include long-term adaptations that will (a) help the student maintain new skills, and (b) prevent problem behaviors from occurring?

Y N

Overall

Are the intervention strategies logically linked to the hypotheses?

Y N

Does the plan reflect individual and family preferences?

Y N

Are all intervention strategies (a) age-appropriate, and (b) acceptable for other people without disabilities?

Y N

Can the plan be carried out in everyday settings without stigmatizing the student?

Y N

Have you identifies supports that team members need to implement the plan?

Y N

Has the -team identifies how they will measure and report the student's (a) acquisition and use of alternative skills, (b) reduction in problem behavior, and (c) improvements in quality of life?

Y N